



ACHD Symposium 2017

THE QUEENSTOWN MEETING

30 Nov - 2 Dec, Queenstown, New Zealand

Tips for Evaluation of Pulmonary Hypertension in the Adult with Congenital Heart Disease

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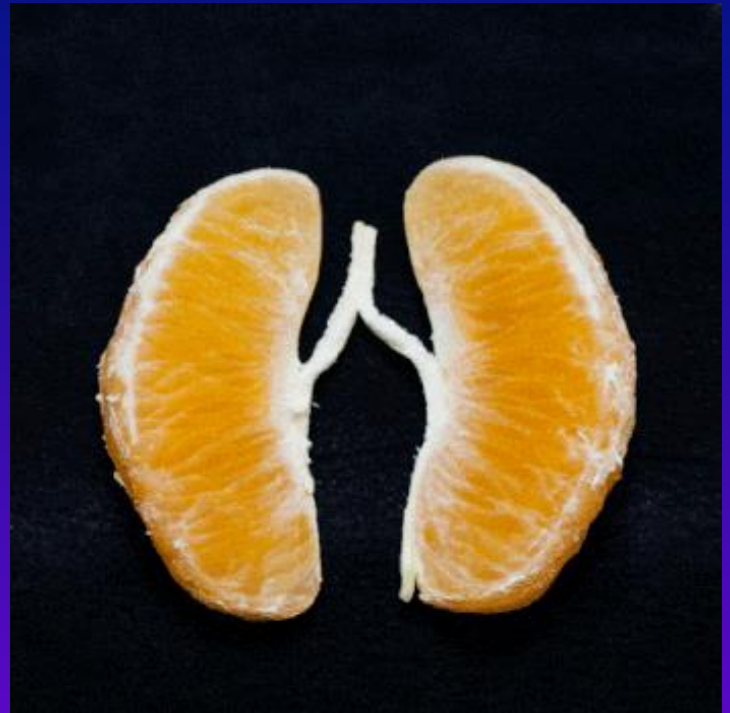
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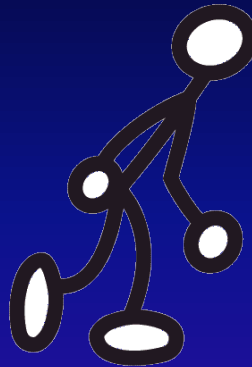
Functional status

Severity

Reversibility

Prognosis

Treatment and Operability



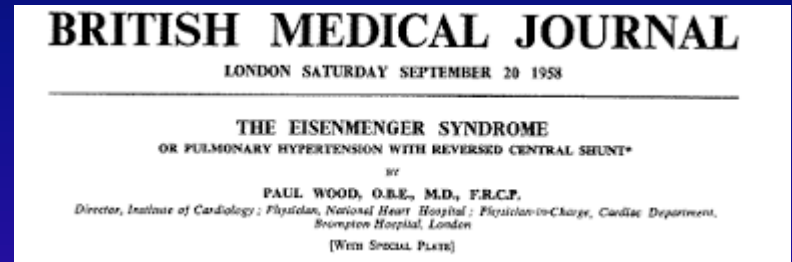
Eisenmenger syndrome

32 yo man

Non restrictive VSD

Cyanosis

Dyspnea



Reasonably active until 3 years before his death

Developed progressive CHF, died of hemoptysis

Eisenmenger V. Z Klin Med. 1897; 32



Nice 2013 PAH/CHD

1. Eisenmenger syndrome
2. Left to right shunts

Correctable

Noncorrectable

3. PAH with coincidental CHD
4. Post operative PAH



Tests – traditional and evolving

Anatomy – Echo (TTE, TOE), CT

Hemodynamics

Genetic testing

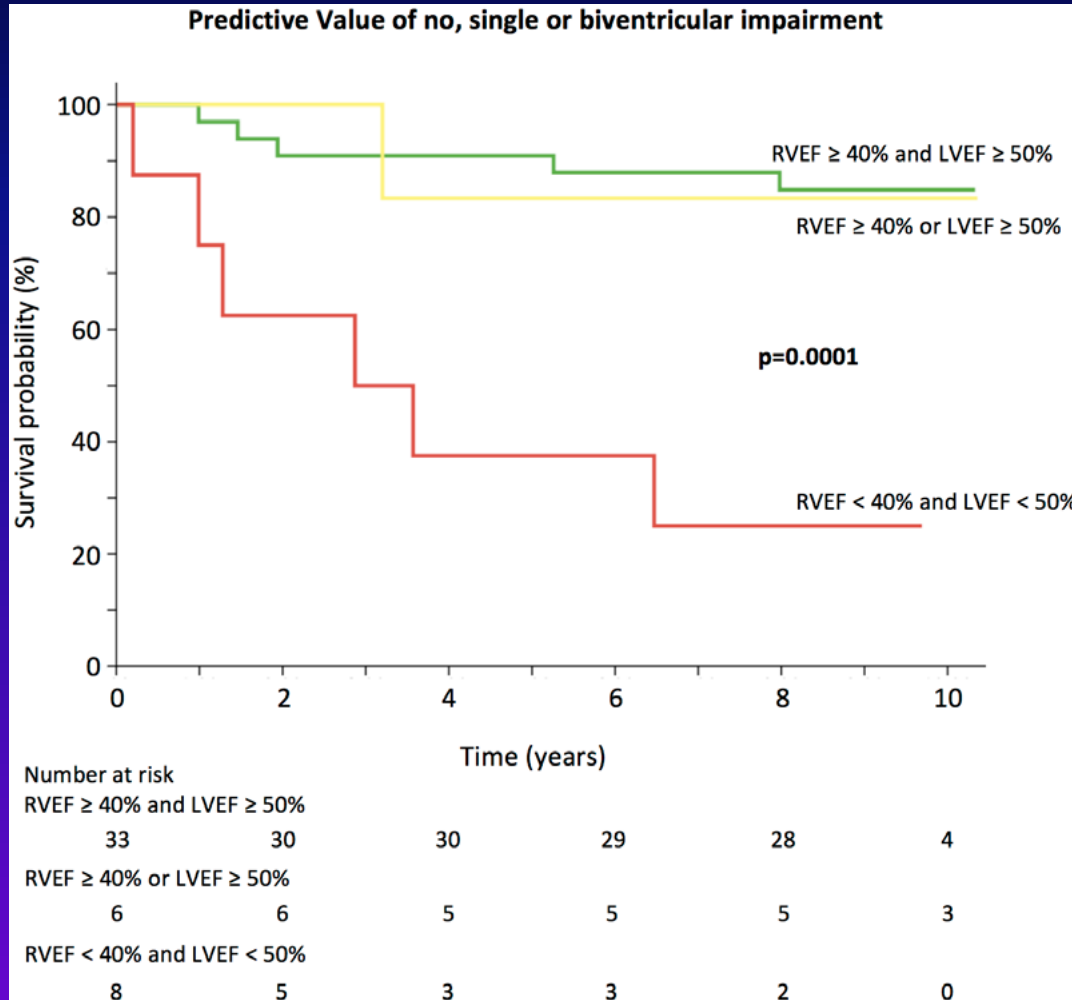
Echo parameters of RV function

TAPSE, RV strain, Fractional area change

MRI

Impaired Right, Left, or Biventricular Function and Resting Oxygen Saturation Are Associated With Mortality in Eisenmenger Syndrome

A Clinical and Cardiovascular Magnetic Resonance Study



Functional status

NYHA/Ability Index

QoL scores - Camphor and others

Exercise testing

6 Minute walk

CP Exercise testing



Other parameters

Eisenmenger group – predictors of death

Age

Pretricuspid shunt

Oxygen saturation at rest

Presence of sinus rhythm

Presence of pericardial effusion

Cardiac Cath – what do we want to know?

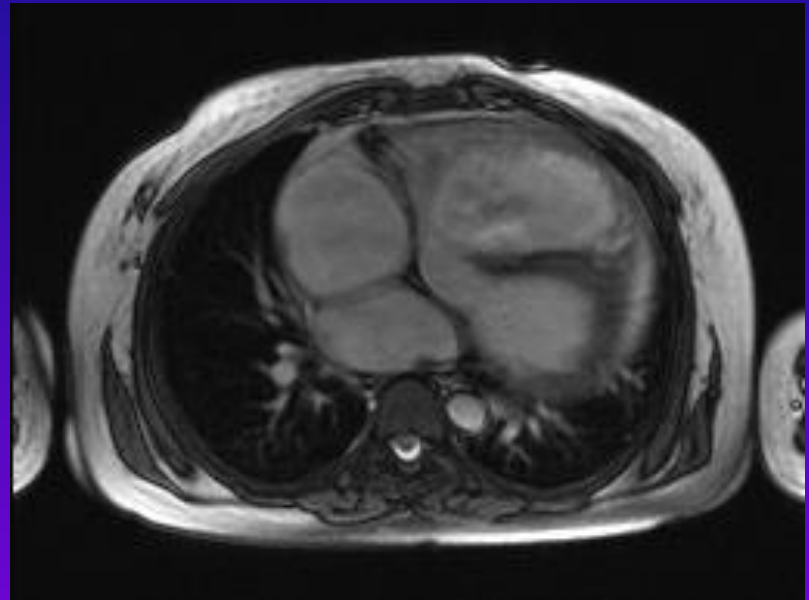
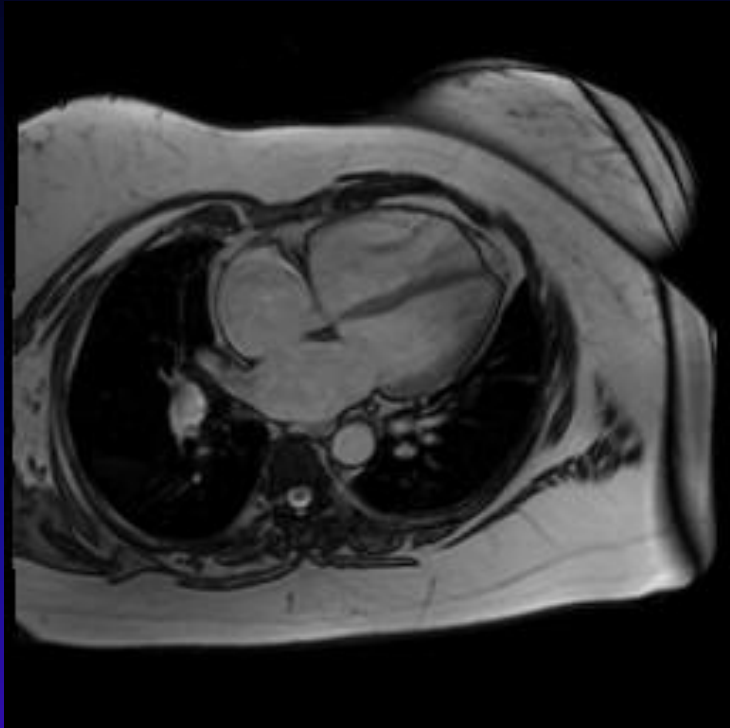
Understand anatomy

Venous occlusion

Phobias

Developmental issues





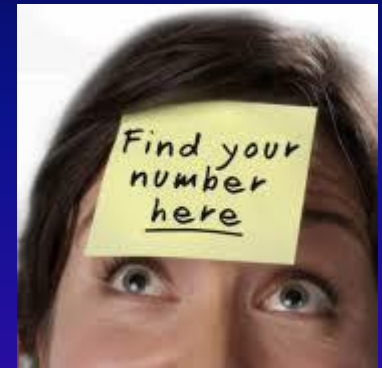
*Need to clearly understand the anatomy
and be systematic !*

Pulmonary
venous
desaturation

Systemic
desaturation



CI
PVR(I)
Qp:Qs
Rp:Rs

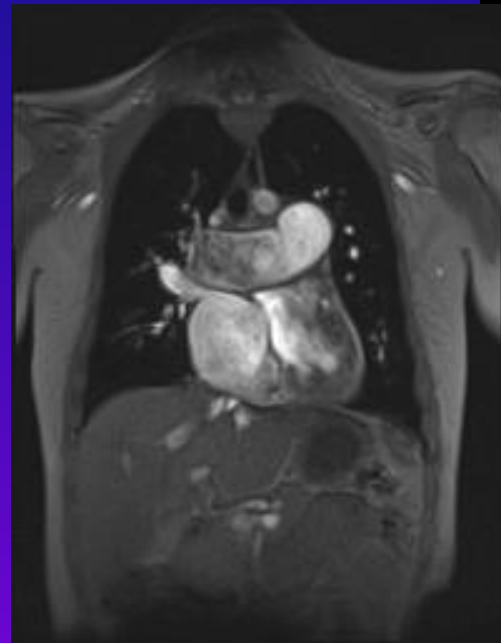


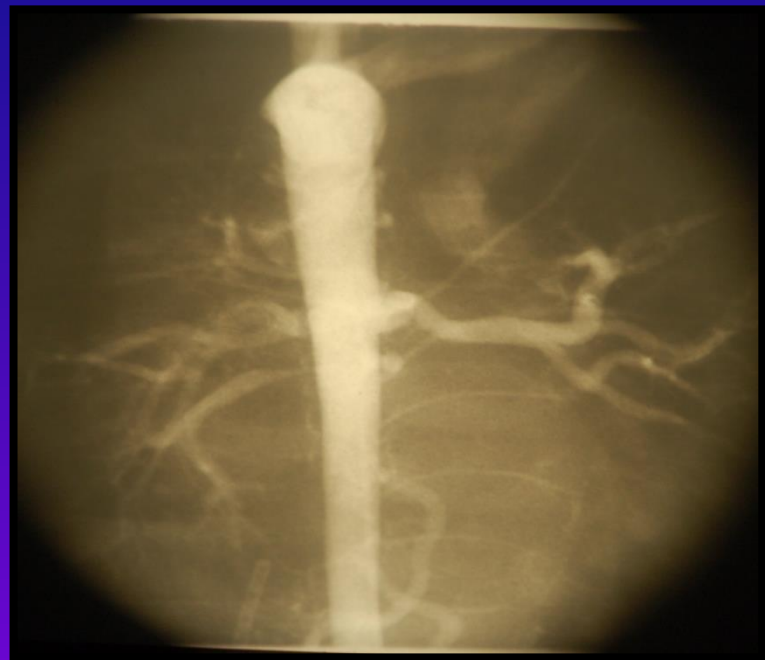
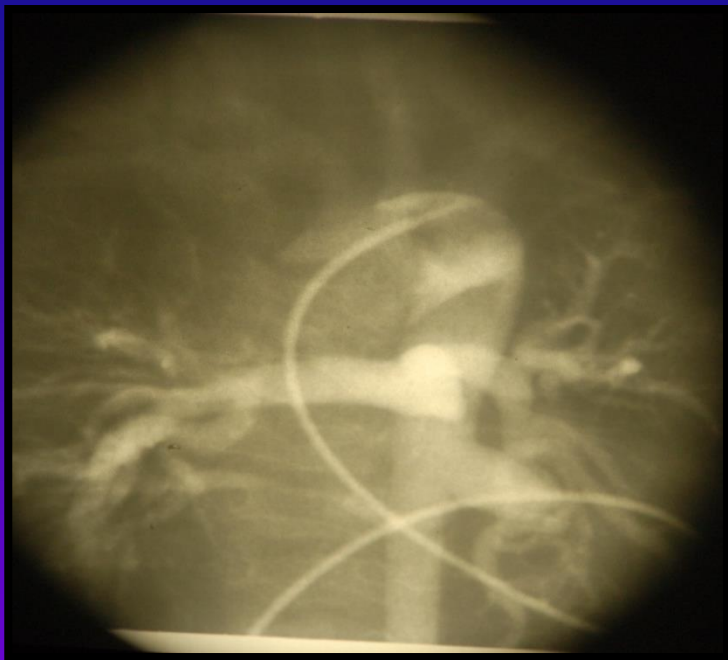
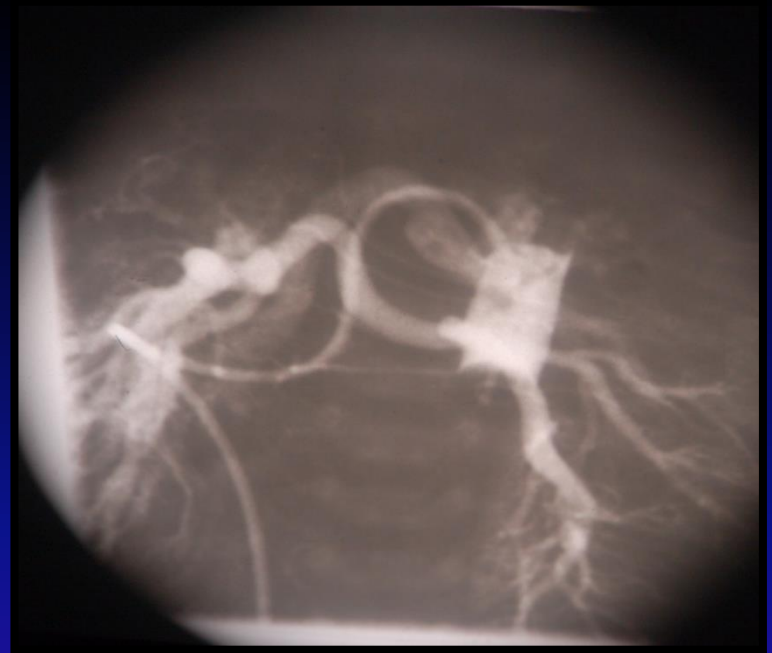
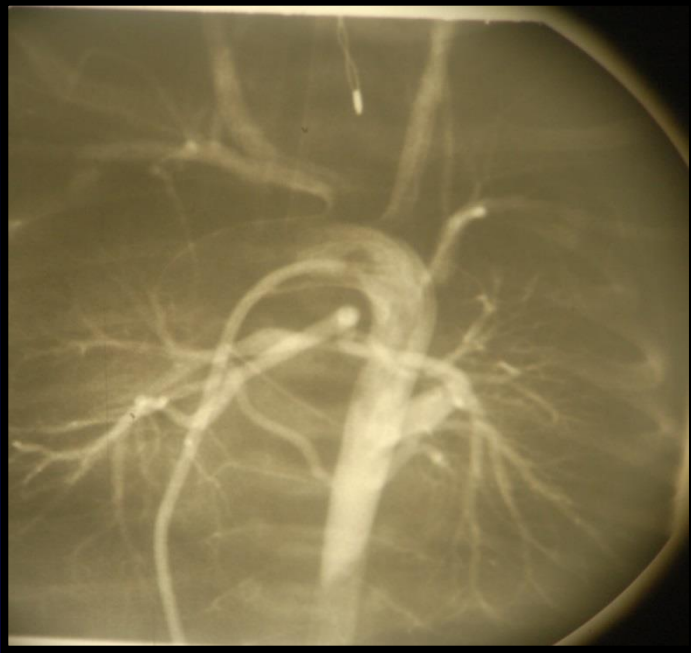
2 (or more)
sources of
Pulmonary blood
flow ?

Low
Cardiac
output

Bilateral SVCs?
IVC interruption
Anomalous
pulmonary
venous drainage?

Complex Pulmonary Supply and Drainage





Copies: Dr J Andrew, Alnwick Street, Warkworth
 Dr R.H. Easthorpe, Cardiologist, Wellington Hospital
 Brian Barratt-Boyes Mr Moore, Cardiology

C2212 Age 4 Ward 7 Code C37E
 19.10.71 TRANSPOSITION GREAT VESSELS BRIAN BARRATT-BOYES
 WITH HIGH PVR (PREVIOUS BLALOCK/
 HANLON PROCEDURE) MR MOORE
 ATRIAL BAFFLE REPAIR UNDER BYPASS Gen. DR SEELYE
 Bypass No 2428

Findings: This child had a Blalock/Hanlon procedure in infancy, performed at Wellington Hospital. Subsequent follow-up has shown a progressive increase in pulmonary vascular resistance, despite the absence of any other communication. Study was recently repeated here and this showed the pulmonary vascular resistance to be virtually equal to systemic and pulmonary flow perhaps slightly less than systemic. While these resistance levels would have contraindicated operation in the absence of transposition it was felt that in the present circumstances a baffle repair should improve the situation by abolishing cyanosis and therefore decreasing blood viscosity.

At operation the pericardial space was completely obliterated, the adhesions being particularly dense over the lateral RA wall. The ventricles were not fully exposed but the heart was clearly diffusely enlarged. The anatomy was consistent with transposition with the aorta arising anteriorly from a morphological RV and the pulmonary artery posteriorly and to the left from LV. When RA was opened there was a circular large ASD occupying the lower part of the atrial septum and with a diameter of about 1.5cm. The pulmonary veins drained correctly to LA and the two AV valves looked normal.

After placement of the baffle the SVC pressure was excessively high - about 40mm.Hg mean - and we therefore went back on to bypass and inserted a further pericardial patch into the baffle. After this SVC pressure was probably about twice IVC and although I was disappointed that there was still some apparent SVC obstruction, we decided to accept this pressure. (Pressures at this level have been encountered occasionally before and have not led to postoperative difficulties.) In addition, pulmonary artery pressure had fallen significantly and was now only just over half that in the aorta. Pressures were as follows:

	11.50a.m. SVCR	1.10 p.m. MPA + s	Ao + s	Arteries
after:	35	34/21	28	54/32 44
11.00p.m.	22			53/33

18/6/74 CINE ANGIOCARDIOGRAM NO. 3632
 Technique: Swanganz catheter by venous route to pulmonary artery. No.6 Tan Corolan catheter by arterial route to RV to pulmonary venous atrium (RA part). A small hand injection was recorded at this site. A hand injection was recorded in SVC through venous catheter of unspecified size though it appears smaller than the arterial catheter. Hand injection in SVC No. 6 Blue Corolan NIE type catheter by venous route to LV. 25ml Cardio-Conray was injected and cine exposed biplane at 80f p.s. AP and Lateral projections. A similar injection in systemic venous atrium in oblique views was finally recorded.

Description: Run 1 - Catheter Position AP: The Swanganz catheter is in upper zone RPA. The arterial catheter is looped in RV and its tip is in the RA portion of pulmonary venous atrium confirmed by the hand injection.

Run 2 - SVC, Hand Injection: The catheter tip was in the azygos vein and contrast tended to linger in this vein. During the injection the catheter was pulled down into the low SVC-upper venous channel. The SVC is of good width. The hand injection filled the upper venous channel rather faintly. There is probably slight narrowing of the upper venous channel.



Personal Health Passport

Fontan circulation

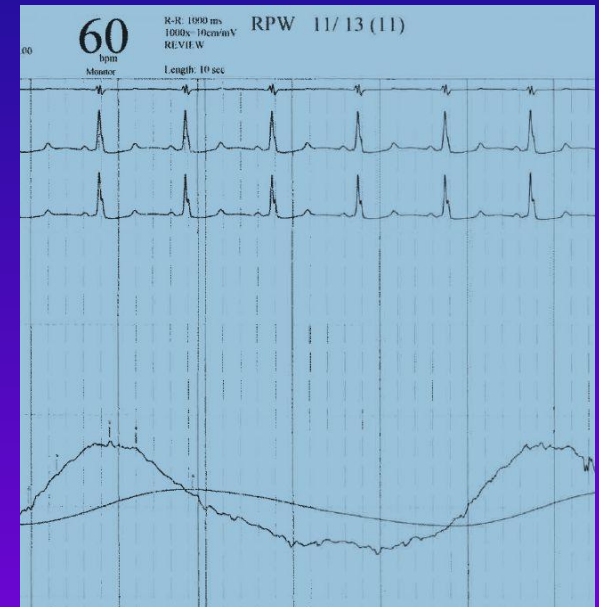


Non pulsatile flow

Loading conditions eg dehydration

Sedation/Ventilation

End expiratory pressures



Isolated atrial septal defect with pulmonary vascular obstructive disease — long-term follow-up and prediction of outcome after surgical correction

PETER M. STEELE, M.B.B.S. (HONS), VALENTIN FUSTER, M.D., MARC COHEN, M.D., DONALD G. RITTER, M.D., AND DWIGHT C. MCGOON, M.D.

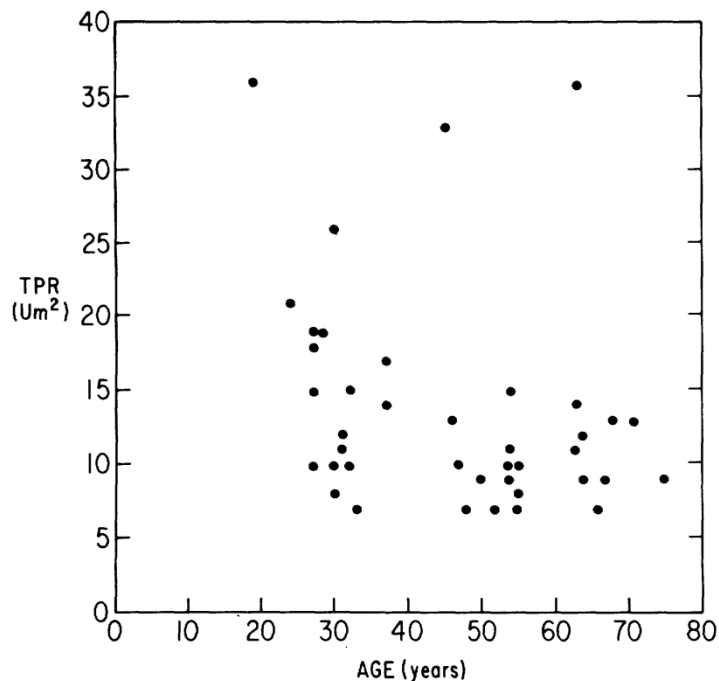


FIGURE 1. Relationship between the age of the patient and the total pulmonary resistance (TPR), in Wood units, at diagnostic catheterization.

'In conclusion

- (1) Atrial septal defect with high total pulmonary resistance is uncommon and predominates in adult female patients.
- (2) Total pulmonary resistance (or pulmonary arteriolar resistance) is the best predictor of surgical outcome. In patients with total pulmonary resistance **less than 15 U/m², surgical treatment is advised.**
- (3) In patients with borderline total pulmonary resistance, the systemic arterial oxygen saturation provides a good prediction of surgical outcome.'

Circulation 76, No. 5, 1037-1042, 1987.

Suitable for closure ?

Table 4

Criteria for Closing Cardiac Shunts in PAH Patients Associated With Congenital Heart Defects*

PVRI, Wood units/m²	PVR, Wood units	Correctable†
<4	<2.3	Yes
>8	>4.6	No
4-8	2.3-4.6	Individual patient evaluation in tertiary centers

*Criteria: the long-term impact of defect closure in the presence of pulmonary arterial hypertension (PAH) with increased PVR is largely unknown. There are a lack of data in this controversial area, and caution must be exercised. †Correctable with surgery or intravascular nonsurgical procedure.

PVR = pulmonary vascular resistance; PVRI = pulmonary vascular resistance index.

Pt No.	Date of Procedure	Sex	Age	Qp/Qs	M	PVRI	Vasodilator	Lowest PVRI	Device Size (mm)	OUTCOME
1	24/07/2003	F	31	1.2	}	12.7	yes	11.9	32	alive on vasodilators
2	04/02/2003	F	26	1.2		18	yes	11.7	32	died 2.5 years post ASD
3	27/9/2001	F	46	2.1	}	5.5	no	5.5	30	died 5.5 years post ASD
4	23/10/2001	F	28	1.1**		13.9	yes	6.5**	32	alive and well
5	08/02/2000	F	66	6.2		2.1	no	2.1	22	died after CABG surgery
6	25/02/2005	F	69	0.8		8.3	yes	3.9	28	alive TR 3.3m/s
7	26/05/2003	M	58	1.9		Data lost	-	-	22	alive and well
8	18/09/2001	F	45	2.4		3.4	no	3.4	28	alive and well. No TR
9	22/02/2000	F	57	2.4		4.3	no	4.3	20	alive and well, TR 2.2m/s
10	17/10/2000	M	31	1.7		4.7	no	4.7	20	alive and well
11	22/08/2000	F	30	2.1		4.2	no	4.2	30	alive and well. No TR
12	03/06/2003	F	10	1.3		4.2	no	4.2	26	alive and well. No TR
13	29/04/2003	F	5	1.9		3.0	no	3.0	22	alive and well

Progressive Pulmonary Hypertension Post Atrial Septal Defect Device Closure—Early Symptomatic Improvement may not Predict Outcome

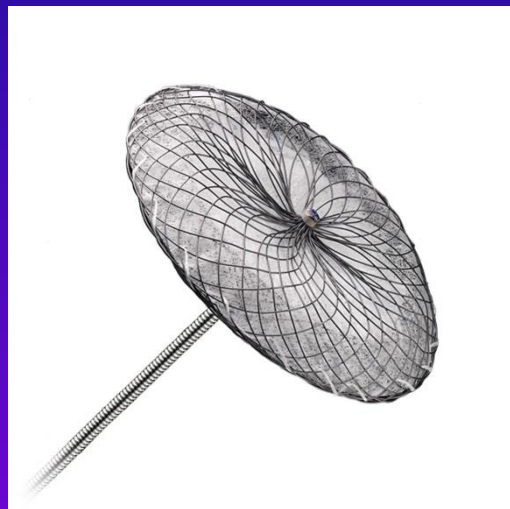
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Heart, Lung and Circulation
2010;19:713–716



Other contributors

Obesity/OSA

Diastolic dysfunction

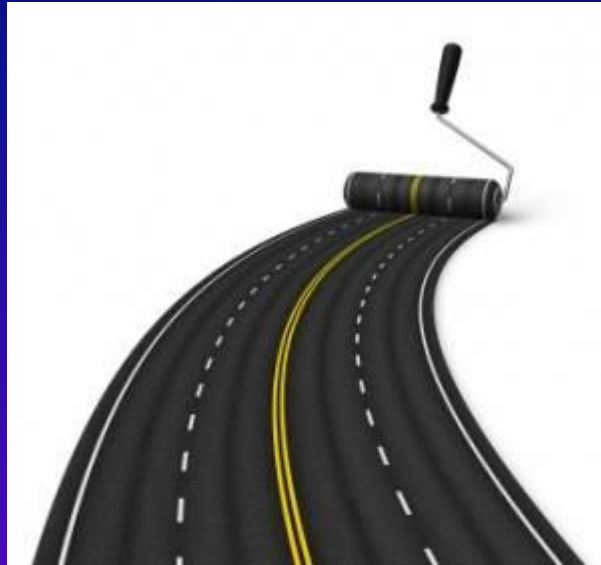
Abnormal pulmonary function

Thrombus

Genetics

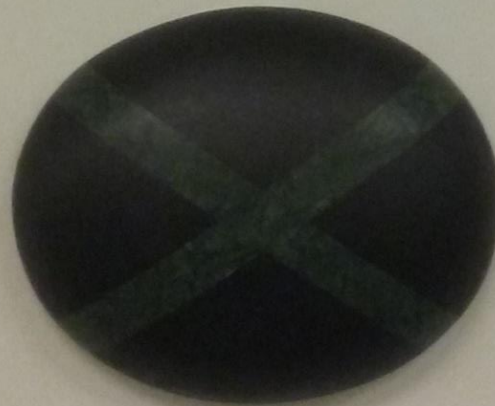


Importance of Follow up



Always refer back
to the heart.
It is where
the world
began.

Jenny Bornholdt





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